

The Area Agency on Aging of Northwest Michigan (AAANM) is the place to turn when you need assistance with the complex issues facing older adults and their caregivers. We can connect you to a variety of information, resources and programs to support health and quality of life.

Navigating Community Resources and Options

Community Resource Navigation

Connects older adults, family members and caregivers with a wide range of resources and services to support aging needs. Caring and trained Community Resource Navigation Specialists are available by telephone, telehealth or e-mail.

Caregiver Support

Supports individuals experiencing caregiving challenges and stress, and with proactive planning for future needs such as housing, finances, healthcare decision making and long term care.

Options Counseling

Offers unbiased support to discuss complex aging needs, explore options for assistance, and create a plan.

- Navigating family dynamics
- Identifying long term care needs and options
- Understanding healthcare decisions, care settings and end of life planning

Medicare/Medicaid Assistance Program

Provides unbiased counseling about health benefit plans including Medicare Part D drug plans. Counselors are specialists trained in Medicare law and regulations and are not associated with any health plan.

Living Life on Your Terms

Care Management for Older Adults

Empowers individuals to live at home rather than a nursing facility. Must be 60 years of age or older, have difficulties performing activities of daily living, and need assistance coordinating with community resources. Experienced nurses and social workers work with individuals to identify personal needs or goals and develop a plan of care.

MI Choice Waiver

Provides individuals with care and services to live in the community rather than a nursing facility. Must be 18 years or older, eligible for nursing home admission and qualify for Medicaid to pay for long term care. Funding is provided by the Michigan Department of Health and Human Services and the Centers for Medicare and Medicaid Services.

Transition Navigation Support

Assists individuals 18 or older develop a plan to move from a nursing facility back into a home setting. Must be eligible to have Medicaid pay for long term care services.