

## **Grand Traverse County Commission on Aging Services**



### **Housecleaning**

Basic housecleaning services include:

- Dusting & vacuuming
- Washing dishes
- Laundry & making beds
- Cleaning floors & bathrooms
- Washing indoor windows
- Other light housecleaning tasks

### **Respite Care**

Respite care is caregiver relief. Services include:

- Home health care
- Basic house cleaning
- Meal preparation
- Social activities
- Other caregiver relief activities

### **Commission on Aging Outdoor Services**

Seasonal maintenance services provided by Commission on Aging employees or vendors include:

#### **Lawn Maintenance**

- Mowing and fall leaf removal

#### **Snow Removal**

- Plow driveways
- Shovel walkways
- Clear mailboxes

#### **Windows**

- Fall external washing
- Changing storm windows & screens

### **Transportation**

A set amount of passes/coupons, offered on an annual basis. This program is available to clients at a discounted rate, prepayment is required. Transportation options include:

- BATA passes
- Taxi coupons

### **Emergency Financial Assistance**

Available for financially qualified seniors

### **Home Health Care**

Assistance with activities of daily living provided by Universal Aides including:

- Bathing, hair, skin and oral care
- Observation of health status
- Changing of non-sterile dressings
- Monitoring vital signs
- Other personal care related activities

### **Foot Care**

An LPN provides routine foot care for homebound clients. Services include:

- Soaking
- Buffing callouses
- Nail trimming and filing
- Foot exam & massage

### **Medication Units**

- Units that store, dispense and remind clients to take their medications.

### **Personal Emergency Response Units**

- Three types of units are available for use with landline and cellular telephones and a GPS based system. With the press of a button units notify a 24/7 call center through the unit provided.

### **Medication Management**

An LPN provides services including:

- Monitoring of medication dosage, time and effectiveness, therapeutic levels, compliance & side effects.
- Acts as liaison between prescribing providers and pharmacies.
- Medication unit set-up