## Services and Amenities



## **Club Living**

Monthly Club Fee Includes:

- Private Residence
- Cordia's Complete Program Curriculum
- One Meal Daily in the Club Dining Room or Pub
- Weekly Housekeeping
- Weekly Linen Service (sheets/towels/bed making)
- Concierge Assistance including Scheduling and Reservation Services
- Scheduled Transportation
- Valet Parking
- Unlimited Use of Common Space
- Access to Salon and Spa
- Fitness Center & Classes
- Theater hosting films, concerts and lectures
- Library and Information Center
- Access to the Artisan Center and Resident Artists
- Television Room
- Billiards/Game Areas
- Exterior Dining and Courtyards
- Covered Porches with Fireplaces
- Volunteer Opportunities at the Commons and in Traverse City
- Interior Access to The Mercato
- Wellness Assessment and Periodic Checks
- Nutritional Information
- All Utilities Including Electricity, Television, Water and Sewer

## **Club Living Plus**

Monthly Club Fee Includes:

- All of the Services Listed in Club Living
- Private Residence Located in a Neighborhood Dedicated to Maximizing Independence
- Three Meals Each Day in the Club Dining Room or Pub
- Daily Straightening of Private Residence
- Daily Wellness Checks by a Certified Nurse Assistant
- A Personal laundry Load Each Week
- A Consistent Core Team of Wellness Assistants Located in Each Residential Neighborhood
- A Wellness Director with RN Certification Leading a Wellness Staff of Certified Nurse's Assistants Available Twenty-four Hours a Day, Every Day

## Personal Choice Services

(Optional Customized Services/Assistance as Required)

- Bathing
- Dressing
- Grooming
- •Medication Management
- Dining
- Ambulation

CORDIA AT GRAND TRAVERSE COMMONS