

DIZZY? UNSTEADY? AFRAID OF FALLING? YOU'RE NOT ALONE.



Over 95% of hip fractures are caused by falling



1/4 of people over 65 fall annually



EVERY 11 SECONDS an older adult is treated in the ER for a fall

FREE Fall Risk Assessment

If you or someone you know suffers from dizziness or imbalance, keep in mind that intervention is key. There are steps you can take to improve your balance and decrease chances of falling!

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